



GAZETTE

From the Principal

VOLUME NO. 21 – 3 AUGUST 2009

Dear Parents, Students and Friends of Rosebank,

Welcome back to the start of Semester Two. It has been wonderful to see our staff and young men and women return to school this week, rested and restored. I was concerned about the amount of illness we were experiencing last term. As there is fear that the spread of influenza will accelerate this term, the NSW Health Department has prepared some notes which are included in this newsletter. Please pay close attention to this to both assist your child and the rest of our community (staff and students).

The College is engaged in numerous cycles of review and development. For example last year we were all involved in the preparation of the current Strategic Plan. In 2009, the College is due for the renewal of its Registration and Accreditation by the Board of Studies (BOS). This occurs in two phases. The first is the submission of extensive documentation in March. This is followed by a visit by the review panel which is to occur on Tuesday August 4th. We look forward to welcoming the visiting panel and showcasing the College and the wonderful work that occurs here.

We extend our best wishes and prayers to our Year 12 students who have returned to prepare for the HSC trial exams. This is an important process to assist them to consolidate their learning and to fully experience the study/ exam process.

We also extend our prayers and good wishes to our HSC families who live the experience of anxiety, hope, encouragement etc daily with their children. As parents we face the dilemma of guiding and mentoring young adults while at the same time not being able to step in and do it for them.

This is not just a 'rite of passage' for our children but also for us as parents and



teachers. It's a letting go but watching at a distance – being there for them as they face their fears and disappointments, maintaining their fluids and food, encouraging them to keep a balanced lifestyle (study, play, exercise, reflection and prayer etc) and tolerating a higher level of stress. It takes great skill, patience and wisdom.

While there are good signs world wide and in Australia that the economic situation may be improving, we know that the social and family cost will remain with us for many months and possibly years. I ask families who may be experiencing difficulties to make time to see me or our business manager to discuss the situation so it can be managed together.

We ask God's blessing upon the whole Rosebank community. May we grow strong and confident in the belief that we can make a real positive difference in our world. May we develop a deep wisdom from listening with the ear of our heart.

Tom Galea



Dates for the Diary

4 August

BOS Inspection Day

6 August

Mathematics Competition

7 August

Yrs 9 & 11 English incursion

10 August

HSC Trial Exams begin

Yr 9 & 10 2010 Elective Day/Evening

12 August

Yr 7 Reflection Day

13 –15 August

Ski Trip

24 August

Yr 7 ConnectED excursion

26 August

Parent Education Night

28 August

Yr 10 History excursion

Newsletter Distribution

From the beginning of Term 3 the newsletter will be distributed to students on Monday afternoon during Home Room.

From the Assistant Principal

Welcome to Term 3

A warm welcome to all staff, students and families to Term 3, and a particular welcome to our new students and their families.

This term we welcome back to the teaching staff Ms Louise Gentile who has returned from maternity leave. Ms Maria Mollica has returned to the support staff after having taken leave for the first two terms.

Ms Joanne Slaney will begin her maternity leave this week as she awaits the birth of her third child. We wish her and her family many blessings of health and happiness, and look forward to hearing the news of their latest addition soon.

During the course of the term we will be hosting several student teachers at Rosebank. It is a great mutual benefit to us all to work with these energetic and promising young people who have chosen teaching as their profession.

Our students can enjoy some fresh faces and different approaches and be aware of the learning processes in which we all engage throughout our lives. The process of mentoring that takes place between the students and their cooperating teachers is also a powerful collaborative learning experience. I thank those teachers who have been able to work with student teachers this year, and wish the students themselves a successful and rewarding experience.

Parent Education

August 26 is this year's P & F Parent Education Night. This year, the evening will address the issue of electronic communication, and how parents can support young people in using these tools wisely and safely.

Watch out for further details on this event soon.

A brief but informative fact sheet on the practice of 'sexting' has been produced by the NSW Government. You can find it on our community portal under Parent Reference > Current Issues. Please ask your son or daughter for the password to allow you to access the valuable resources now located on our portal.

Miriam Berlage

From the Coordinator of Mission

As members of the Rosebank College community,
we are called to...

Listen compassionately and respond wisely to others.

INNER CITY IMMERSION: Social Justice in action

During the second week of the last school holidays, five Year 11 students undertook an inner city immersion program. The Year 11 students who represented Rosebank College on this experience were Gabriella Giunta, Annika Maclellan, Aleesha Paz, Michelle Smith and Hannah Troy.

This immersion experience required these five students to live-in at St Scholastica's College at Glebe for the week. Each day they visited different venues such as soup kitchens, sheltered workshops, hostels, refugee centres and centres for the homeless. The purpose of the visits was to experience, first hand, an insight into the lives of people in our society who need support in their daily lives. Such visits reinforced two things. Firstly, that there are so many people in our society who have to face daunting challenges every day of their lives—challenges such as illness, homelessness, hunger and alienation. Secondly, the visits showed that such people do not ask for our sympathy; rather, they simply ask for some help along the way. They acknowledge that the help offered to them is vital in their living a more meaningful life, and so they are truly grateful for the helping hand they receive. The five Rosebank students who participated in the immersion experience have learned many valuable lessons...

Co-Curricular News

Sports results from previous week

| Comp | Team | Versus | Result | Player of the match |
|-------|--------------------|-------------------|---------|---------------------|
| MCCS | Snr B Netball (GF) | St Patrick's | L26-14 | All players |
| MCCS | 1st XI Football | St Leos | W2-1 | Joanne Abou Melhem |
| MCCS | Int Football | Catherine McAuley | L1-0 | Elise Carmody |
| MCCS | Jnr Football | Catherine McAuley | L2-0 | Ashley Maniakas |
| MCCS | 1st V Basketball | Bye | - | - |
| MCCS | Int Basketball | Marist Woolwich | L 22-12 | Annette Slosu |
| MCCS | Jnr Basketball | Marist Woolwich | W28-12 | Ana Sio |
| CBSA | Rosebank Dream | Santa Sabina | D 3-3 | Cassandra Cociolone |
| CBSA | Rosebank One's | Santa Sabina | L3-2 | Ashleigh Panarello |
| IWSNA | Rosebank Hotties | Santa Sabina | W6-2 | Julia Cavagnino |
| IWSNA | Rosebank Kittens | Santa Sabina | W4-0 | Carla Dolfo |

From the Coordinator of Mission

(continued) Perhaps the most valuable lesson is that all people have innate dignity and worth. It is therefore inappropriate for anyone to judge another's life experience as less worthy than someone else's. We all strive to make the best of what life has to offer, given our circumstances. Our human dignity is to be found in the striving.

Gabriella, Annika, Aleesha, Michelle and Hannah are to be congratulated for the open-hearted way with which they engaged themselves in the immersion experience. After each day's activities, they were filled with stories of wonder, reflecting the fact that their eyes had been widened by the events of each day. They reported with genuine enthusiasm the lessons each experience had brought them and they willingly shared their insights with each other. On one of the mornings in the week, Gabriella, Annika, Aleesha, Michelle and Hannah were required to lead the group of thirty participants in prayer. They are to be congratulated on this, for they were able to prayerfully reflect on their experiences and, in turn, guide others in their own prayerful reflections.

Rosebank College can rightly be proud of Gabriella, Annika, Aleesha, Michelle and Hannah, who represented their school well. Their openness to being formed by the immersion experience meant that they took away with them lifelong lessons in compassion and social justice.

We congratulate them and say, "Well done!"

Next week Aleesha Paz will offer her reflections on this experience.

Angelo Gattone

InspirED Workshops

Through our EnrichED program, Rosebank College provides opportunities for gifted and talented students to extend and enrich their skills. One of these opportunities is a series of one-day workshops offered to students in Years 7-10. These workshops encourage students to engage in challenges and activities that engage their creative and critical thinking skills. A very big thank you must go to Mrs Louise Chiandotto (Learning Support, Gifted & Talented Facilitator), for arranging these workshops. Here, students in Years 10 and 7 report on the two workshops offered so far...

(continued next page)

Term 3 has started in a flurry, with competitions kicking off in both basketball and football (soccer). Athletics teams for the upcoming CBSA and CGSSSA carnivals will be announced in the next week, students are asked to look out in the daily notices and sports noticeboard.

Students are once again reminded to ensure they wear the correct uniform on Thursdays, including shoes. We ask that students also ensure they have appropriate sun protection and bring water-bottles for hydration. Students are reminded that changes to activities can only take place after being granted permission from Mr McDonald.

Immersion



Annika Maclellan, Gabriella Giunta and Michelle Smith.



Aleesha Paz and Hannah Troy.

Your Help is Urgently Needed!

Following the successful program in 2007/2008, we have another Yr 10 Japanese student from our Good Samaritan sister school, Seiwa College in Sasebo, (north of Nagasaki), arriving at Rosebank very soon. She will be here for 12 months. She requires host families for periods of time from 3-4 months. If your family can offer a friendly, supportive and caring home environment please contact Mrs Danielle Ravenscroft at the College on 9713 3119 for more information. There will be an opportunity for reciprocal exchange opportunities for families who participate.

Year 10 InspirED – Gifted & Talented Student Conference

Early last term, the gifted and talented students of Year 10 were granted the opportunity of taking part in a fulfilling experience – the Gifted and Talented Student Conference held at Ascham College.

When greeted, we became excited with the list of what was in store for us. The Conference offered a series of discussions and debates on current critical issues in our society, such as “Art and Philosophy”, “the Origins of the Universe”, “Nanotechnology”, “the Abortion Debate” and “Who Should Run a Country?”.

The discussions, in which numerous students from various schools in Sydney took part, allowed us to gain knowledge and greater understanding of our changing earth and ourselves as global citizens. The conference allowed us to challenge our predetermined perceptions of our surroundings.

Those who were enlightened by this experience can only hope that this opportunity can be passed on to more students in the future, so that it may enrich them also.

Andrea Naim, Maretta Akari and Emilia Nadolski, Year 10

Year 7 InspirED – Sydney Writers Festival

When I went to the Writers Festival, I thought it was going to be a long and boring day. But when the first writer spoke, my idea of the day changed slightly. The first writer spoke a lot about her heritage and culture. I found this really interesting. As soon as the second writer came on, my idea of the day really changed. I felt that the day was going to be very enjoyable. The reason for this was because he was very funny and he really persuaded me to buy his book. His book was called Exposed. The next two speakers were sort of the same as the first because they both spoke about their heritage and told everyone very funny stories. To summarise the day, I thought it was fun, funny and entertaining. I would like to thank all the teachers who made the day memorable.

Diren Reddy, Year 7

Two excerpts from these papers will be printed in next week’s newsletter.

Game of the Week

Year 11 Netball Grand final

In a display of ‘swan-like’ grace that drew fervent cheers and fierce handclapping, the Year 11 netball team were runners-up in their intense grand final match against St Patrick’s College, Dundas. Strong turnover, fierce drive and quick saves defined the Rosebank style.

After some first quarter jitters, the team came back strong and enthusiastic. From the sidelines, injured teammates Tina Burke, Leah Buttita, Melanie Lucas and Georgia Nelson cheered their team on along with the Rosebank netballers from other grades. With encouragement from their coach, Ms Dix, who declared ‘what’s with the psycho length on the passes?’ at half time and who helped Jodie Gad to get back to her feet after she fell over in a clever but tricky move, the team continued to grow in strength and confidence.

The ability to try, try again and both the on-field communication and time out coaching assisted the girls to stay positive. The girls were supporting in their praise as well as constructive criticism, with Mikaela York who urged fellow teammate Vanessa Wilson to ‘visualise’ while aiming for the hoops.

Overall a strong and passionate game was played by all, with a final score of 14 – 26. The team should be praised for their great skills and solid teamwork. Well done!

Anthony Taylor

Year 10 News

Term 3 is well underway and we welcome back the girls after their Work Experience Week and their two weeks’ of holidays. We hope that they are well rested and ready for the fast pace of Semester 2! We have received some very flattering comments from work experience employers regarding the work ethic, courtesy, helpfulness, grooming and friendliness of your lovely daughters. They are a credit to you. The Term 2 Awards were presented to the following girls:

Homeroom Superstar Award

10A **Alexandra Carroll**

10B **Nicole Goodwin**

10C **Laura Palozzolo**

We congratulate the girls. The “Ask Not What Rosebank Can Do For You, Ask What You Can Do For Rosebank Award” for Semester 1 was awarded to Tania Calagis. What a wonderful effort Tania has made this year. Some of the activities that she has involved herself in are: Debating, the College Musical, the Chamber Choir, The Jazz Ensemble, and a Red Shield Appeal volunteer. You have done yourself proud Tania, congratulations.

We would also like to welcome our exchange student from France, Sonia Bahun-Wilson. Sonia is with us for three months and we hope that she not only experiences the hospitality of Rosebank but also that of Australia. Once again the girls have shown their welcoming spirit to Sonia.

May we please remind you to phone Mrs. Mollica at Reception to alert us of your daughters’ absences and on her return to school please provide a note of explanation written and signed by a parent or guardian. Also some of the girls have too many late starts to the day and they have been reminded during Home Room that three lates equal a Monday detention. We ask for your help in this area please. Please do not hesitate to contact us if we can be of assistance to you during the term.

Year 10 Pastoral Team

Weekly Careers News

See Ms McAloon or log on to www.careercentral.com.au

NSW/ACT University Open Days

University Open Days will be held across NSW during August and September. Prospective students can explore university facilities, receive information on the range of courses available and obtain careers advice. Please access each of the university websites for more information regarding Open Days.

University Open Days include:

ACU North Sydney 9 Sep (night)
ACU Strathfield 12 Sep
Macquarie 12 Sep
New South Wales 5 Sep
ADFA Canberra 29 Aug
Newcastle Callaghan 29 Aug
Newcastle Ourimbah 22 Aug
Sydney 29 Aug
UTS Broadway 29 Aug
UTS Kuring-gai 9 Sep
UWS Parramatta 30 Aug

Private Provider Open Days include:

Aust Inst of Music Surry Hills 22 Aug
Campion Coll Old Toongabbie 22 Aug
Intl Coll of Management 15 Aug
Nature Care Collge 8 Aug

Engineering@UNSW

The Faculty of Engineering Admission Scheme (FEAS) at the University of NSW offers an alternative entry option based on a personal interview for students with an expected UAI of 75-87.95. Online Applications open 1 August.

Bluescope Steel Cadetships

Bluescope Steel offers Cadetships in Engineering / Environmental Science / Chemistry to talented students interested in part time study at the University of Wollongong or the University of NSW. Applications close 31 August.

MEGT Hospitality Industry Day

Yr 10/12 students, parents and Careers Advisors are invited to MEGT's Hospitality Industry Day (Sydney) on 20 November. Find out about course and training options, tour a well known hotel, chat to industry experts! Hands on activities and workshops. Bookings close 3/8, see Ms McAloon if interested.

Overseas Exchange

Southern Cross Cultural Exchange offers international educational exchange programs from 4 weeks to 10 months to students in Yrs 9-12 + tailored school

group programs. Info Sessions: Sydney 4 Aug / 1 Sep / 27 Oct.

School Certificate Exam Study Day

Saturday 5th September 2009 \$25 per person The Australian History Museum, Macquarie University in partnership with the HTANSW are offering a Year 10 School Certificate Exam study day. It will target key aspects of the Stage 5 syllabus for students sitting the School Certificate Exam in 2009. ALL speakers are recent School Certificate markers. Please see Ms McAloon for a registration form and details if interested. Closing date 21 August.

Science in the City 2009

Science in the City give students a fantastic opportunity to get involved in the science that surrounds them every day and see the huge variety of career opportunities in science, engineering, technology and innovation. Sydney August 4-6. Sessions still available.

School Based Traineeships

Earn while you learn! Yr 10 students and parents in the Inner West / Eastern Suburbs / St George and Sutherland Shire regions are invited to an Info Evening on T3 Automotive Traineeships on 4 August. Registrations required.

Public Information Evening

Student Exchange Australia invites students to attend an information evening on Wednesday, 5th August at the Medina Grand Hotel, Corner Kent and Bathurst Streets, starting at 7:30pm. Visit www.studentexchange.org.au or call 1300 135 331 for more info.

Pathways To Your Future

Yr 9-12 students with a disability, parents, carers and teachers from the eastern suburbs, city, inner west and surrounding areas are invited to an Expo on 5 August on post school options and the services that are available to assist with this transition. Please see Ms McAloon if interested.

Sydney Institute Online Career Chats

Get your career questions answered! TAFE Career Counsellors will be broadcasting live to give you expert career information and the chance to find out about your options. Next Sessions: 7 August, 21 August, 4 September....

UOW Management Cadetships

The University of Wollongong offers Management Cadetships to talented HSC students interested in combining work with study. Cadets work in a number of areas across the University giving them a professional edge. Applications open August.

Whitehouse Institute of Design

The Whitehouse Institute of Design offers a B Design that educates and prepares students for the world of design in creative industries. FEE HELP available. Enrolling now....

Working in SPORT

Sport NSW will hold Sport Career Days at Sydney Olympic Park on 18 and 20 August and 14, 16 and 24 September at a cost of \$20 per student. Guest speakers will discuss their careers and students can explore different sports and career opportunities including event management. See Ms. McAloon if interested.

TRANSGRID Electrical Apprenticeships

Kick start your career with TransGrid, one of Australia's largest High Voltage networks! Apprenticeships in Electrical (Mechanic) / Systems Electrician will be offered in W Sydney, Wagga, Tamworth, Orange, Newcastle and Yass in 2010. Applications close 9/8.

Engineering Week Sydney Division

August 1-9. Highlights include: Official Opening at Manly Beach, Robotics Fun at Macquarie, Site tours - ANSTO, Sewerage and Power Plants, SBS Radio and TV, Sydney Marine Shipyards, Great Engineering Challenge at UNSW.....

Engineering and IT at Sydney Uni Live

Go to the Engineering and IT faculty open day on 29 August in Cleveland Street behind the School of IT (accessible via Shepherd Street) to experience a taste of uni life, stalls, music, and a free BBQ. Find out everything you want to know about Engineering and IT. First mini lecture is Aeronautical Engineering at 10am in the Farrell Lecture Theatre. Contact Trish on 93512131 for info.

PEOPLE AT RISK OF SEVERE ILLNESS THIS WINTER

Why are some people at increased risk of severe illness from H1N1 influenza 09 this winter?

This winter, H1N1 influenza 09 will continue to spread within the population of NSW, along with other influenza viruses seen each winter. The H1N1 influenza 09 virus produces a mild illness in most, a severe illness in some, and is a moderate illness overall. Because there is little immunity to this virus in the community, it is likely more people will become sick with influenza-like illnesses this winter, compared to usual winters. This winter, it will be particularly important for people at increased risk of severe illness from influenza to seek medical attention early if they develop symptoms.

What are the symptoms of flu?

The symptoms of H1N1 influenza 09 are similar to the symptoms of normal seasonal influenza (fever, chills, cough, sore throat, tiredness, muscle aches), and some people have also complained of vomiting and diarrhoea. H1N1 influenza 09 can result in breathing difficulty and pneumonia. Symptoms generally appear between two to four days after exposure.

For further general information H1N1 Influenza 09, please see this fact sheet.

Who is at increased risk of severe illness?

Some people have been found to be more likely to develop severe illness from both seasonal influenza and H1N1 influenza 09. This group includes people who:

- Are pregnant (particularly in the second and third trimester)
- Have chronic lung disease (including asthma)
- Are very obese
- Have chronic heart conditions
- Have chronic kidney disease
- Have chronic liver disease
- Have blood disorders (including sickle cell disease)
- Have neurological disorders
- Have metabolic disorders (such as diabetes)
- Have weakened or suppressed immune systems (which may be caused by cancers, medications or HIV/AIDS)
- Are of Aboriginal or Torres Strait Islander background (of any age).

What should I do if I develop symptoms and I am at increased risk of severe illness?

Immediately contact your doctor and follow their instructions. Your doctor will determine if treatment is needed – most GPs will have access to anti-influenza medications oseltamivir (Tamiflu®) and zanamivir (Relenza®) (medicines used to treat the flu) that has been reserved for people at increased risk of developing severe illness. If you have trouble accessing your doctor you can attend your closest hospital with a 'flu clinic' for assessment. It is important to do this as soon as possible after you develop symptoms, as the medication that may be prescribed for you is more effective the earlier it is commenced.

You should stay home from work or school and limit contact with others until you are well again.

If you are very sick, call **000** for an ambulance or go to a hospital emergency department.

What should I do if I am at increased risk of severe illness and someone in my household has the flu?

Wherever possible, keep away from the person who is sick, including sleeping in a separate room. Encourage the person who is sick to practice good cough and sneeze etiquette. Practice good hand hygiene.

For more information, please see our factsheets:

Handwashing

www.health.nsw.gov.au/news/2005/20050111_00.html

How to Handwash in the Community

www.emergency.health.nsw.gov.au/swineflu/resources/pdf/hand_wash_community.pdf

Cough Etiquette

www.emergency.health.nsw.gov.au/swineflu/resources/pdf/cough_etiquette.pdf

Monitor yourself for symptoms of influenza. If you develop any symptoms, contact your doctor urgently as you may need early treatment with anti-influenza medications. Some patients at very high risk of developing severe illness (such as those receiving treatment for cancer) may need to be provided with medication to prevent influenza developing. If you are in this group your specialist will be able to advise you.

Can I take anti-influenza medication if I have an existing health condition?

Yes, it is generally safe for you to take oseltamivir (Tamiflu®) or zanamivir (Relenza®). However, you should discuss any conditions you have with your doctor, including if you are pregnant or breastfeeding.

What about my usual medications?

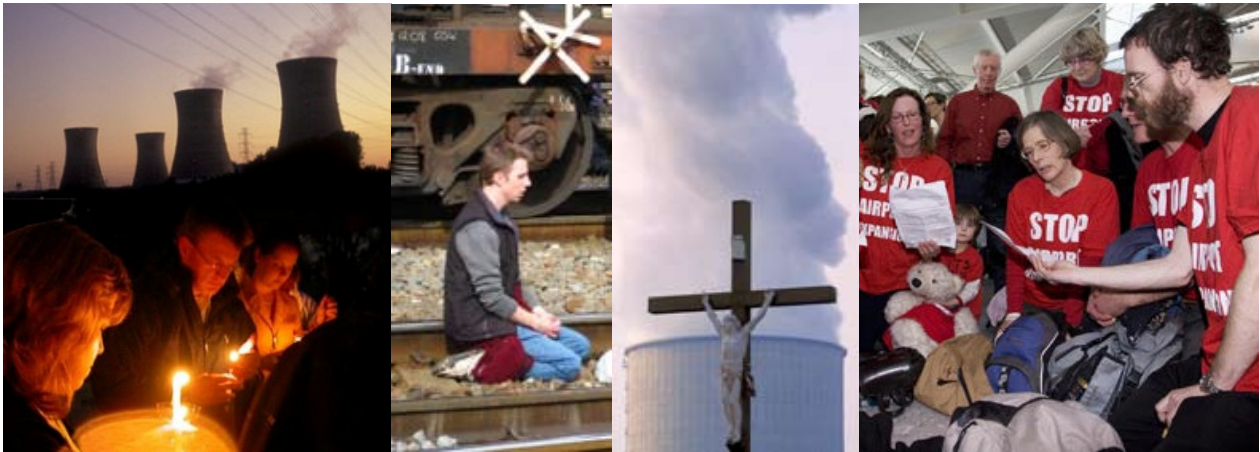
You should continue to take your other medications as prescribed. Your doctor will advise you if your medications need to change.

Published by NSW Health (17 June 2009)

Climate Change, Christians and Nonviolence

Saturday 15th August, 1-4pm
Quaker Meeting House, Lower Hall
119 Devonshire St, Surry Hills
Gold coin entry

For more info contact: m_d_pepper@yahoo.com.au, 0447 730 772



Learn about:

- Why nonviolent direct action in the tradition of Martin Luther King, Gandhi and Desmond Tutu is a legitimate response to the climate crisis
- The spirituality and theology of nonviolent direct action (NVDA)
- The power of NVDA
- How to get involved in potential actions

With:

- Justin Whelan, Pace e Bene Nonviolence Service
- Jonathan Moylan, Rising Tide
- Catherine Cresswell, Greenpeace
- Anne and Ian Hodgson, climate activists

Ordinary people around the world are participating in nonviolent direct action at coal infrastructure, government offices, carbon exchanges and more. Among them are Christians, who are moved by the urgency of climate change and the failures of the political process to address it, and by a long Christian legacy of nonviolence.

"We are now faced with the fact, my friends, that tomorrow is today. We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there is such a thing as being too late." (Martin Luther King Jr.)